
September 2017

MUSH-ON

Alaska School Nutrition Association

www.aksna.org



Message from President Tanya Dube

Greetings AK Food Service Professionals,

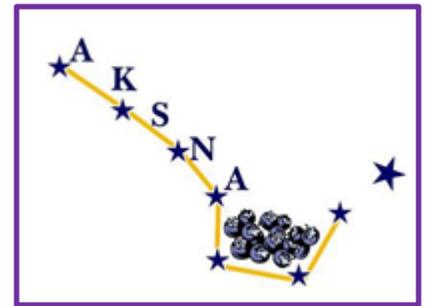
It's a busy time of year as we get ready for our students to return to school and several of you have already welcomed children back. Please take the time to consider membership in AKSNA.

Wishing you a great school year!

Warmest regards,



Tanya Dube, AKSNA President



AKSNA Executive Board

President:

Tanya Dube

tdube@bbbsd.net

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Adrienne.schwartz@juneauschools.org

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Walter Williams

wwilliams@swrsd.org

“Fall” into Webinar Wednesdays this September

It's back to school time again and SNA has the webinars you need!

- **Wed, September 6th at 2pm EST** – [Host a Legislator Site Visit](#)
- **Wed, September 20th at 2pm EST** – [Best of #ANC17- Modifications to Accommodate Disabilities.](#)
- **Wed, September 27th at 2pm EST** – [Seafood: It's Time to Catch On!](#)

All webinars are held at 2pm Eastern Time (10 am Alaska Time). Visit [SNA Webinars](#) for more information. Missed a recent webinar? Check out the [Webinars On-Demand](#) library and catch up on the hottest topics in school nutrition; available to SNA members 24/7.

New Food Allergy Resource Center for SNA Members

SNA's Food Allergy Resource Center for School Nutrition Professionals has launched! Find all the food allergy resources that you need in one place. From the Big 8 allergens that cause approximately 90% of food allergy reactions, to the Top 10 FAQs, this new resource center will help you find the information that you need to manage food allergies in your child nutrition programs. You can also submit questions to the allergy expert and your questions will be answered by food allergy experts and posted quarterly! Visit www.schoolnutrition.org/FoodAllergy.

Back to School Season is a Great Time to Promote Your Program

With back to school just around the corner, now is a great time to think about promoting your school nutrition program. SNA has an enormous amount of free online tools and resources available, to help you spread the message about the healthy, delicious (and a great value) meals your program provides. Between downloadable customized flyers, outreach guides, talking points, brochures, banners, videos and more, it's easier than ever to acquire positive coverage for your school nutrition operation. For a complete list of all tools and resources, visit [www.https://schoolnutrition.org/pr](https://schoolnutrition.org/pr).

Additionally, as part of your outreach, don't forget about student engagement. SNA has created resource materials to assist you with this important component of your promotional efforts. Use these tips and activity ideas to empower students, improve communication and increase awareness of and participation in school meals. Visit www.schoolnutrition.org/engage to learn more.

AKSNA Executive Board (Continued)

State Farm to School Representative:

Jodie Anderson
jodie.anderson@alaska.gov

Marketing Chair:

September Horton
septemberh@mehs.us

Member at Large:

Geno Ceccarelli
geno.ceccarelli@nsbsd.org

RCCI Representative:

Vacant

Dates to Remember

Upcoming Webinar Wednesdays

September 6, 2017- Host a Legislator Site Visit

September 20, 2017- Modifications to Accommodate Disabilities

September 27, 2017- Seafood: It's Time to Catch On!

October 4, 2017- Flexibilities in the School Meal Program

AKSNA President Membership Invitation

Please share the attached letter from AKSNA President, Tanya Dube with all new school nutrition professionals at your school or district and invite them to join Alaska's School Nutrition Association. You can use the attached Alaska SNA State Membership Application or download the Alaska Application at <https://schoolnutrition.org/Membership/StateMembershipApps/>

If you have any questions regarding any membership questions please contact AKSNA Membership Chair, Adrienne Schwartz at adrienne.schwartz@juneauschools.org

October is National Farm to School Month by Jodie Anderson

Next month is National Farm to School Month and during October, Alaska Farm to School will be celebrating Alaska's agriculture industry among students and educators throughout the state. Many students will be participating by taking taste tests of Alaska Grown products, conducting nutrition education activities in the classroom, visiting farms, harvesting from their school gardens and much more.

Alaska Farm to School has designated each week in October with a particular Alaska agriculture focus. The Farm to School Month weekly focuses are as follows:

Week of October 1st - Tubers and Roots of Alaska

A focus on potatoes, carrots, roots and tubers we eat in Alaska. On Wednesday, we will recognize indigenous tubers and roots we eat: Eskimo Potatoes.

Week of October 8th- Meats we eat in Alaska

A focus on pork, beef, poultry and other game wildlife we consume. On Wednesday, we will recognize indigenous meats we eat: Caribou.

Week of October 15th - Leaves of Alaska

A focus on the leaves we eat includes cabbage and mixed greens. On Wednesday, we will recognize indigenous leaves we eat: Fiddlehead Ferns.

Week of October 22nd - Fish of Alaska

A focus on all of the varieties of fish and shellfish we consume and use in Alaska. On Wednesday, we will recognize the indigenous fish we eat: Salmon.

Week of October 29th - Fruits of Alaska

A focus on all of the fruits and berry varieties we consume in Alaska. On Wednesday, we will recognize the indigenous fruits we eat: Salmonberries.

National Farm to School Month was designated by Congress in 2010 to demonstrate the growing importance of farm to school programs as a means to improve child nutrition, support local economies and educate children about the origins of food. For activity ideas and information, please contact Alaska Farm to School Coordinator Jodie Anderson at jodie.anderson@alaska.gov or call 907-761-3854

Please see the attached October 2017 F2S Month Calendar

SNA Annual National Conference 2017



The School Nutrition Association's Annual National Conference was held in Atlanta, Georgia July 9-12, 2017. SNA offered informative and inspiring sessions and countless exhibits.

The Alaska delegation back row left to right; Andrew Mergens, Gail Hubble, Amy Rouse, Jo Dawson, and Geno Ceccarelli. Front row left to right; Michelle Powers, Tanya Dube, Laura Phillips, and Beth Seitz.

State Agency Updates by Jo Dawson

Hi all and welcome back to school, we've missed you!! Just to update you on a few things:

- Procurement: Many districts have been approached by vendors about utilizing the state contract at the district level. This is allowed so long as the vendor meets the state contracted price plus shipping, and only for the items on the state bid. All other products must be competitively procured unless you meet the micro-purchase threshold (less than \$3,500). See <http://doa.alaska.gov/dgs/cam/index.html#9> for more information.
- Staffing: Cyde Coil was promoted from an assistant in the Child and Adult Care Food Program to a program specialist in the National School Lunch Program, filling the position vacated by Ellen Hackenmueller last winter. Cyde will work with RCCIs, the Fresh Fruit and Vegetable Program, Wellness Policies, and HUSSC.
- Speaking of Wellness Policies, don't forget that the final rule went into place July 1, 2017. While most districts met the interim rules, the final rule includes requirements addressing marketing, assessment of compliance to the wellness policy, and how it compares to model policies. For more information see: https://fns-prod.azureedge.net/sites/default/files/tn/LWPsummary_finalrule.pdf
- Also new this summer was the requirement for all districts to have policies addressing unpaid meals. Please see our web page at <https://education.alaska.gov/TLS/CNP/mealchargepolicy.html> if you have any questions on this requirement.
- June 30 was the deadline to apply, or reapply, to participate in the Community Eligibility Provision (CEP). Our numbers are climbing quite high. 66% of all Alaska school districts are participating at one or more sites, with a total of 51% of all sites on CEP. That's a lot of hungry children accessing healthy meals!
- This year we also received a reallocation grant that is helping to reimburse districts for the costs of USDA Foods from school year 2016-2017. Please expect a partial reimbursement to be issued this fall.

Thanks for everything you do to feed Alaska's children; we appreciate your hard work!



Sign up today and get one step closer to living a healthy lifestyle!

The STEPS Challenge is 100% free for SNA members. It's a health and wellness program, created just for school nutrition professionals. Sign to up today to access healthy recipes, simple fitness ideas, challenges, prize drawings, and much more at <https://schoolnutrition.org/Resources/STEPS/SignUp/>

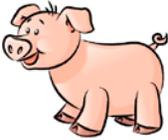
Once you signed up to move toward living a healthier lifestyle, why not challenge yourself? Consider participating in the STEPS monthly challenges! In addition to helping you make healthier choices, participating also means that you'll be entered for a chance to win special health and wellness-themed prizes.

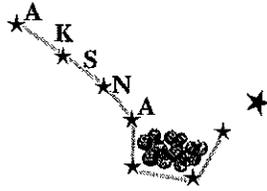
Every challenge will have a specific theme (eating more fruits, managing stress, getting active, etc.). Participating is easy:

- Download the monthly tracking sheet and print it out.
- All month long, record your habits on the tracking sheet and give yourself points for every time you make a healthy choice.
- At the end of the month, add up your points. If you fall in the 50+ points range, you're eligible to receive prizes from SNA at the end of the challenges!
- Upload your points to the STEPS website.

October 2017 – Farm to School Month!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Tubers and Roots of Alaska Week	All about tubers and roots we eat in Alaska	Potatoes 	Indigenous Tubers and Roots We Eat: Eskimo potatoes 	Carrots 	Tubers and Roots of Alaska Celebration Day 	
8	9	10	11	12	13	14
Meats of Alaska Week	All about meats we eat in Alaska	Pork 	Indigenous Meats We Eat: Caribou 	Reindeer 	Meats of Alaska Celebration Day 	
15	16	17	18	19	20	21
Leaves of Alaska Week	All about leaves we eat in Alaska	Cabbage 	Indigenous Leaves We Eat: Fiddlehead Ferns 	Greens Many Ways: Cooked & Salad 	Leaves of Alaska Celebration Day 	
22	23	24	25	26	27	28
Fish of Alaska Week	All about fish we eat in Alaska	Halibut LOCAL FOOD LUNCH DAY!! 	Indigenous Fish We Eat: Salmon 	Shellfish 	Fish of Alaska Celebration Day 	
29	30	31	1	2	3	4
Fruits of Alaska Week	All about fruits we eat in Alaska	Strawberries 	Indigenous Fruits We Eat: Salmonberries 	Apples 	Fruits of Alaska Celebration Day 	



Alaska School Nutrition Association
Feeding Alaskan children body, mind, and spirit.

August 15, 2017

Greetings Alaska School Nutrition Professional,

On behalf of the executive board of the Alaska School Nutrition Association (AKSNA) I would like to extend a huge thank-you to our existing members and your on-going support and commitment to the association. There is strength in numbers and it lends great credibility to our profession and our association when you continue your membership.

If you or your district is not a current member, I ask that you seriously consider joining AKSNA. The greatest value of membership is the ability to network with other school nutrition professionals across the great state of Alaska. AKSNA is part of the School Nutrition Association (SNA), which is the national organization for school nutrition professionals. Along with SNA, AKSNA is involved in advocacy and public policy on behalf of all meal programs on the state and national level.

As the president of AKSNA I can't begin to tell you how valuable my membership has been to me. It has enabled me to learn and grow not only professionally but personally as well. I hope you will maintain your AKSNA membership, re-join if you have allowed your membership to lapse, or become a new member.

AKSNA is the authority on school nutrition in the state. Your membership in our association allows us to grow and prosper and continue to advocate on behalf of all of Alaska's children that participate in the many meal programs offered across the state.

If you have any questions regarding membership, please contact Adrienne Schwartz, our membership chair at: adrienne.schwartz@juneauschools.org or myself at: tdube@bbbsd.net. Either of us would be happy to share the resources available and the advantages of AKSNA membership.

Sincerely,

Tanya Dube, SNS
President, AKSNA



NATIONAL AND STATE NEW MEMBER APPLICATION

Member ID _____

- ① Have you ever been a SNA member? Yes No
- ② First Name _____ Last Name _____
- ③ Email _____ Job Title _____
- ④ School District _____ ⑤ School Name _____ ⑥ Chapter No. _____
- ⑦ Work Phone _____ Home Phone _____
- ⑧ Work Mailing Address (Please indicate preferred mailing address Work Home)
 Address _____ Suite _____
 City _____ State _____ Zip _____
- ⑨ Home Mailing Address
 Address _____ Suite/Apt _____
 City _____ State _____ Zip _____
- ⑩ Who referred you to SNA? First Name Tanya Last Name Dube (Optional) Member ID: _____
- ⑪ Membership Category (Check either individual membership or school district/state agency owned membership (SDM). See back for description)

National Dues

Member Categories	Individual Membership	School District/ State Agency Owned Membership
SN Employee	\$33 <input type="checkbox"/>	\$33 <input type="checkbox"/>
Student	\$33 <input type="checkbox"/>	N/A
Retired	\$33 <input type="checkbox"/>	N/A
SN Manager	\$35 <input type="checkbox"/>	\$35 <input type="checkbox"/>
District Director/Supv/Spec	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Major City Director/Supv/Spec	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
State Agency Director and Staff	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Nutrition Educator	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Other	\$120 <input type="checkbox"/>	\$120 <input type="checkbox"/>
Affiliate Employee	\$17 <input type="checkbox"/>	N/A
Affiliate Retired	\$17 <input type="checkbox"/>	N/A

- ⑫ Employed by? Public School Private Management Company
 Private School CACFP
- ⑬ Does your employer pay your dues? Yes No
- ⑭ Are you responsible for school nutrition operations in your school district? Yes No

National, State Dues and Processing Fee are required.

AK

⑮ NATIONAL DUES \$.

⑯ STATE DUES* \$ / .

⑰ PROCESSING FEE \$.

⑱ TOTAL DUES \$.

⑲ Tax-deductible contribution to SN Foundation \$.
 ___\$10 ___\$25 ___\$50 ___Other

⑳ TOTAL PAYMENT \$.

⑱ Your STATE DUES are: (Record state dues in the space provided on right) * Select one.

\$10.00 All Members

⑳ Individual Membership Signature _____ Date _____

⑳ FOR SCHOOL DISTRICT OWNED MEMBERSHIP (SDM) ONLY

SDM Main Contact Name _____

(Optional) SDM Main Contact Member ID _____

Email _____

Business Phone Number _____

For SDM multiple applicants, you may use a spreadsheet found at www.schoolnutrition.org/sdm.

See reverse side for important information.

Dues subject to change.

Return this form with your credit card information, or your check or money order made out to SNA

Mail application to SNA, PO Box 759297, Baltimore, MD 21275-9297

SNA National and State Membership Application Guidelines
Membership Application for Individual and School District Owned Memberships.

Instructions for completing the front of this application:

1. Please indicate if you have ever been a SNA member.
2. Print your full name as you would like it to appear in your membership record and on your membership card.
3. Print your email address and job title.
4. Print your current school district.
5. Print your current school name.
6. If you know your local chapter number, please fill in.
7. Print your work and home phone number.
8. Print your work mailing address.
9. Print your home mailing address.
10. Print full name of member referrer who introduced you to SNA (only needed for new members). This will give the person credits for Star Club and annual membership campaign drives. Optional: Include referrer's SNA member ID.
11. Please review the membership categories listed. Check one that best describes your position. **School District/State Agency Owned Membership (SDM) is a membership owned by the school district/state agency and can be transferred to another individual in the same membership category. Please check with your district to see if you are eligible for SDM.**
12. Please check if you are employed by public school, private school, or private management company.
13. Please indicate if your employer pays your dues.
14. Please indicate if you are responsible for school nutrition operations in your school district.
15. Record your national dues based on membership category checked.
16. Record your state dues based on the dues listed on left side of application under "Your state dues are:"
17. All applications must include the processing fee.
18. Please add national, state dues and processing fee amounts. This is the total dues amount to be paid. Applications with incorrect total amount will be returned resulting in a delay of member benefits.
19. Record your optional contribution to the School Nutrition Foundation. The School Nutrition Foundation is a 501(c)(3) organization and donations are tax deductible. Your contribution of \$10 or more will be acknowledged by the School Nutrition Foundation.
20. Add national dues, state dues, processing fee and any optional contributions. This is the total payment.
21. If paying by credit card, please enter your credit card information.
22. This box must be completed for SDM applicants.
23. Please sign and date your completed application. Required for individual membership only. Mail your application and payment to SNA, PO Box 759297, Baltimore, MD 21275-9297.

Membership dues cover a full year of benefits. Processing of application takes approximately two to four weeks from receipt of payment. New members will be mailed a membership card about two weeks after application has been completely processed.

Dues Category	Membership Category	Description	Individual Membership	School District/State Agency Owned Membership
SNE	School Nutrition Employee	Cooks, bakers, bookkeepers, technicians, assistants, etc.	\$33	\$33
STU	Student	Full-time students enrolled in post-secondary nutrition, health or other food related program. Does not include right to vote.	\$33	N/A
RET	Retired	Retired Members.	\$33	N/A
SNM	School Nutrition Manager	Managers, head cooks, assistant managers.	\$35	\$35
DDS	School Nutrition Director, Supervisor, Specialist	Working in a school nutrition program at the school district level.	\$120	\$120
MCD	School Nutrition Director, Supervisor, Specialist (Major City)	Working in a school nutrition program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$120	\$120
SDS	State Agency Director, Supervisor, Specialist	Working in state office for child nutrition programs, including nutrition education.	\$120	\$120
EDU	School Nutrition Educator	Faculty working in a college/university setting.	\$120	\$120
OTH	Other	Principals, Superintendents, Teachers, etc. Does not include right to vote.	\$120	\$120
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time school nutrition staff. Does not include a subscription to SN magazine or the right to vote in the annual SNA election.	\$17	N/A
AFR	Affiliate Retired		\$17	N/A

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the SN magazine.